

RESTRAINING ORDER

Keep healthy - protect yourself and your fellow human beings

- 1 — Observe the hygiene rules.
- 2 — Keep a minimum distance of 1.5m.
- 3 — Reduce contacts to the necessary minimum.

The Thuringian regulations on measures to contain the spread of SARS-CoV-2 virus has been in effect since 27 March 2020.

ACTIVITIES ALLOWED:

Spending time in public space

Single person

- together with one other person not living in the same household
- with family members of the same household

Things that may be done

Going to work

Emergency care

Shopping Visiting

Visiting doctors

Keeping necessary appointments and taking part in examinations

Supporting third persons

Individual sport and exercise in fresh air

Do not believe in fake news
For more information visit:

www.corona.gera.de

